

The Chiropractic Paradigm

Your Body is a Self-Healing Organism

The body is a self-healing organism: it has the ability to heal itself without drugs and surgery. For instance, if you cut your arm, the body can heal the cut without band aids or antibiotics. Your body has within it an inborn ability to heal itself, in fact, all living things have the ability to heal themselves naturally.

If your body has the ability to heal itself, why doesn't it? Sometimes we don't give our body enough time to heal on its own or the actual cause of the problem is still present, interfering with the healing process. Most patients who develop health challenges search for a pill or a potion to relieve their discomfort instead of locating the cause of the problem and removing the cause. By removing the actual cause, it allows our body an opportunity to heal naturally. For example, infections are not a lack of antibiotics in our blood stream, they are caused by a suppressed immune system. Why is your immune system suppressed? Poor diet, no exercise, stress, or maybe nerve interference. If the body is a self-healing organism, why take medicine? Why not find out why the body isn't healing itself like it should and remove the interference?

The next time you think about popping a pill or visiting your doctor for a problem, think about what is causing the problem, not how to cover it up. Remember, healthy people don't get "sick," only unhealthy people get sick.

Chiropractic can benefit everyone! If you have a friend or family member who you would like to refer, let us know (893-3150)! We would love to enlighten their life with the miracle of chiropractic!