

# **Are You Experiencing Digestive Problems?**

## **Heartburn, Abdominal Pain, Ulcers, Nausea, Diarrhea and Indigestion**

Digestive problems are an epidemic in our society. Just watch television one evening and you'll see a parade of various drug commercials for digestive complaints. They have become so common that people have just accepted their condition as "normal" and try to learn to live with it. They soon realize that they can't "live" with digestive problems, only "suffer" from them. They then turn to the usual medical remedies and further complicate their health potential.

Breakthrough studies have examined new alternatives to the treatment of digestive problems. Dr.'s Andrei Pikalov, M.D. and Vyatcheslav Kharin, M.D., examined the effectiveness of spinal manipulation (chiropractic adjustment) in the treatment of internal organ disorder (ulcerous disease) in a hospital setting. Sixteen men and women with confirmed diagnosis of ulcers took part in the study. The study compared the effectiveness of usual medical care to spinal adjustments, with both groups having a standard diet. The results revealed that the spinal adjustment is much more effective at both reducing pain and clinical remission of ulcers, in fact, the spinal adjustment group healed an average of ten days faster than the medical group. This was confirmed with an endoscopic examination. Other studies on digestive problems have shown equally positive responses with chiropractic care.

How is this possible? Remember, the nervous system controls the function of every cell, tissue, and organ in your body. What do you think would happen to your digestive tract if the interference to the nervous system was removed by correcting subluxations that interfere with the performance of your nervous system?

In Chiropractic, we don't 'treat' the digestive problem, we remove the interference in the nervous system and allow the body to heal itself naturally and without side effects. This is why so many people are turning to chiropractic as part of their journey to wellness. It is imperative that you maintain a healthy nervous system to retain a healthy body!

### **My son suffered from rare chronic abdominal pains!**

"My son Ryan developed awful stomach pains at the age of two. He had suffered from them for the last three years at a frequency of three times per week. Ryan would wake in the night with this abdominal pain and he would also have to come home from school. It interrupted his Tae Kwon Do lessons and the awful pains affected other aspects of his life. He saw six different doctors, even a pediatric specialist (who did research on him). He's had x-rays, blood tests, ER visits and he's even been hospitalized. The doctors claimed he had rare abdominal pain. They told him that he would have to learn to live with it. A child of this size having to live with such pain made no sense to me. After hearing about what wellness chiropractic could do for people of all ages, I decided to have my son examined. After his first week of adjustments, his stomach pain completely went away and hasn't returned. I am so pleased to be able to watch my son go through life without pain that hindered him for so long."