

The Global Effects of Subluxation

There is more to subluxations than back pain, neck pain and pinched nerve. Some of the scariest consequences of subluxations come from the possible global effects on your body. When most patients investigate their subluxations, they are often concerned about the potential health problems that may arise in the tissues that the specific nerve supplies at the level of their subluxations. For example, if they have a T1 subluxation, the nerve at that level supplies the heart and lung tissue. Their concern, and rightly so, is whether the subluxation will cause heart or lung problems. The research and case studies indicate that this is a possibility, but even more importantly, subluxations may cause even more serious global health problems in your body.

Global Effects of Subluxations

1. Impaired Immune Function: Arguably, one of the most important keys to a long healthy life is a healthy immune system. Research now reveals that your subluxations may seriously impair the function of your immune system. Dr. Pero's research indicates that one's immune response and susceptibility to serious disease is negatively effected by subluxations. Another study reveals that the quantity and quality of your white blood cells are negatively effected by subluxations.

2. Decreased Mental Function: Nobody would want their mind to be clouded and not be able to process information and think clearly. A chiropractic study demonstrated that an individual's mental efficiency may improve 1,500-3,000% after a chiropractic adjustment. In another study, researchers discovered that brain stem function improved following a chiropractic adjustment.

3. Altered Emotional Stability: We usually don't relate our emotional states to whether we need an adjustment or not, however, our emotions are intimately related to our nervous system function. Studies reveal an amazing connection between altered neurochemistry and emotional states to the subluxation. Many studies reveal that chiropractic care can offer fascinating results for patients with ADD/ADHD, panic attacks, nightmares, anxiety attacks, irritability and general states of loss of well-being.

4. Damaged Genetic Potential: New research is now indicating that subluxations can alter the genetic expression of your genes. This has devastating consequences to your health and your future as a human being.

5. An Early, Unnecessary Demise: In 1994, Dr. Lee authored a lengthy article that postulates that the central nervous system (brain and spinal cord) is involved in all disease processes and explains that the causes and cures of all diseases are mediated by our central nervous system. Everyone must be checked on a routine basis for neurologic interference caused by subluxations at a Wellness Chiropractic office if they desire to stay healthy. Another study reveals that subluxations negatively effect the visceral (organ) input centers and output centers in your brain stem. This indicates that almost any subluxation at any level may result in almost any kind of health challenge. Finally, the autopsies performed by Dr. Windsor M.D., correlated that nearly 100% of diseases these people suffered from were related to a curvature in the spine or a spinal problem that damaged the nerve that supplied that specific organ.