

# Masha & Dasha

## The Story of Conjoined Twins

Masha and Dasha Krivoshiyapova were born January 4th, 1950, as conjoined twins. They were joined at the hip in a unique way which made surgical separation impossible. Their unique connection included three legs shared between them, a shared single lower intestine, four kidneys utilized by one bladder, one shared reproductive system and a circulatory system that pumped the same blood through both women's bodies.

This unique connection caught the attention of Russian scientists. Two individuals with shared blood, environment, nutrition, exercise and genetics created a living experiment. Masha and Dasha spent 40 years in an institution where scientists did experimentation on them, sometimes horrific. The medical practitioners were baffled at the way each woman's body handled disease. Neither twin would be sick at the same time! In fact, Dasha seemed far more vulnerable to illness than her sister.

How is it possible that their health was so different? Being conjoined meant they experienced the same environment, breathed the same air, drank the same water, shared the same nutrition, sleeping, and exercise habits. If their blood was the same, why was it that when Dasha got the flu, Masha got sick much later or not at all? Why was it that they contracted childhood diseases at different times? Medical doctors were confused. When the bacteria or virus was present in both women, why would Dasha get sick and Masha not?

The solution to this mystery is that the twins had two totally separate neurologic systems. Our nervous systems are intimately connected to our immune system. It's not the micro-organism that causes OUT illness, it's the inability of our nervous system to properly direct our immune system. The health of our nervous system and the ability of our nervous system to maintain a properly functioning body is the key to our wellness.

We get sick when our nervous system is run down. When the stress to our nervous system and spine interfere with the function of our nerve system, we become susceptible to infection. The exposure to germs have little to do with getting sick. The Masha-Dasha story is a good example of this fact. Masha's nerve system was able to deal with stress better than Dasha and therefore Masha got sick less often or not as severe.

Wellness Chiropractic focuses on optimizing ones nervous system and therefore your overall health and well-being. Have your nervous system checked for interference today. Your health depends on it. Wellness Chiropractic is the natural choice for optimizing your health potential. It's safe and effective!